

Craigieburn Primary School

87-91 Grand Boulevard
P.O. Box 88, Craigieburn Primary 3064
Tel: 9308 1228 Fax: 9305 5694
Email: craigieburn.ps@education.vic.gov.au



Principal: David Naismith
Assistant Principal: Chris Drowley
Assistant Principal: Simon Rennick
Business Manager: Sheryl Zugaro

ONPSYCH - SCHOOL SERVICE

Dear Parent/Guardian,

OnPsych is now available at our school during the Covid-19 crisis.

Letisha Singh is a registered Clinical Psychologist now working at Craigieburn Primary. She is offering remote skype sessions to students during this time.

Do you find your child is having difficulty regulating big emotions? Are they anxious? Are they struggling to be at home every day? Are issues at home affecting their performance and willingness to come to school?

These are just some of the issues Letisha can help your child with at no out of pocket cost to you.

To access these Medicare bulk billed services please contact the school administrative staff and request an OnPsych Parent Pack for further information.

I encourage you to follow these easy steps to obtain a GP referral and return it to school as soon as possible:

- Complete the paperwork below (titled 'Information for your GP')
- Book a double appointment with your GP
- Advise them of your concerns regarding your child's emotional wellbeing
- Obtain a referral under the Better Access Initiative (Item 2715/2700)
- Have your GP complete the paperwork and return it to school
- onPsych will then be in contact with you to arrange a meeting for yourself and your child

Regards

Mrs Wendy Alway

Welfare Officer

Craigieburn Primary

9308 1228

Wendy.Alway@education.vic.gov.au

PART B: ONPSYCH PARENT INFORMATION

Parents help their children from the moment they are born. Sometimes, a child will face problems that parents have trouble understanding and have trouble helping them with. Many parents know the pain of being a parent and the feeling of struggling to help their child.

As a parent, you are never powerless.

Students learn skills every day that help them succeed in life. At school, they learn many skills such as numeracy, literacy, artistic, physical and social skills. Some students learn at a fast rate and some at a slower rate. When a student falls behind, schools provide intensive teaching to remediate slow learning rates in literacy and numeracy. Children also learn social, cognitive and emotional skills. If students are not developing these vital skills, psychologists and mental health social workers can help them with intensive skill development activities.

Seeking help from onPsych in these situations can be of great benefit to parents and their children.

Frequently Asked Questions

What are the benefits of my child seeing onPsych?

OnPsych staff are experts in their field. They offer professional help with simple problems like making friends to complex mental health issues, such as:

- Dealing with bullying
- Fears, phobias & anxiety
- Behaviour problems at home and at school
- Depression
- Stress of exams and relationships
- Attention deficit & hyperactivity
- Social skills
- Eating disorders
- Grief and loss
- Autism

OnPsych also offers individual/group skills training:

- Communication skills
- Problem solving
- Stress management
- Anger management
- Negotiation skills
- Relaxation
- Social skills training
- Motivation
- Parenting

PART C: INFORMATION FOR PARENTS TO TAKE TO GP

Important: when making the doctor's appointment, inform the receptionist that the appointment is for a referral to a Psychologist under Medicare item 2715.

It is important that the GP provides an accompanying letter attached to the Mental Health Plan for Medicare purposes. Please remind the GP of this.

Student Name:

School:

Student Address:

Parent/Guardian:

Contact Number/s:

Student Date of Birth:

Medicare Number:

Presenting Problems at school/home

- 1.
- 2.
- 3.

Outcomes we would hope to see from a psychological intervention

- 1.
- 2.
- 3.

Additional Comments:

If you would like further information about onPsych, please visit us at www.onpsych.com.au, or phone 1300 659 350.

Once you have received the referral, please contact Mrs Wendy Alway.

PART D: ONPSYCH CONFIDENTIALITY AND PRIVACY STATEMENT

1. During the course of counselling, sensitive personal information may be collected by the psychologist or mental health Social Worker. Personal information is information, which directly or indirectly identifies a person. The student and their families have the legal right to have that information protected.
2. All clinical files are confidential documents and are the property of onPsych.
3. onPsych recognises that students over the age of 15 have the right to access their personal information. Parents or legal guardians of children under the age of 15 have the same right to access the child's personal information about the child's file.
4. Given we are bound by the Code of Ethics and scope of practice from the APS or AASW, onPsych staff are unable to provide any third party (such as school employees or families of children over 15 years of age) with personal information of the student without their explicit written approval.
5. Under exceptional circumstances, information may be disclosed to a third party to avert risk. Legal compliance requires that if the staff member is concerned about the safety of a student, or others, then confidentiality may be broken. Only minimum information will be disclosed to avert risk and attempts will be made to discuss this first with the student. In exceptional circumstances, files may be subpoenaed by the court. Under no other circumstances will student confidentiality be broken.

PART E: RELEASE OF INFORMATION

REASON FOR REFERRAL:

Please write a brief statement outlining the child's difficulties / areas of concern or attach a referral letter.

Please provide contact details below if you would like Mrs Wendy Alway at Craigieburn Primary to contact these professionals regarding your child.

We work collaboratively with teachers, student wellbeing coordinators and other professionals, and require your permission to do so.

	Yes	No
School Principal/Assistant Principal	<input type="checkbox"/>	<input type="checkbox"/>
Student Wellbeing Coordinator	<input type="checkbox"/>	<input type="checkbox"/>
Classroom Teacher	<input type="checkbox"/>	<input type="checkbox"/>
Other Professional	<input type="checkbox"/>	<input type="checkbox"/>

Please provide details

Is your child currently on medication? If yes, please give details.

In referring my/our son/daughter _____ to onPsych for services, I/we acknowledge that:

1. Treatment intervention to be undertaken by onPsych staff may include:

- a) Administration of formal tests considered relevant to diagnosis;
- b) Observations of the student's behaviour and performance in informal settings (such as classrooms or playgrounds);

2. visit my/our child's regular school (with the agreement of the school principal) for the purpose of

consulting with educational personnel and other relevant professionals, regarding the student, with possible outcomes of ongoing consultative support, treatment, or assessment;

3. create written records of my/our child and use these in preparing their consultations and recommendations with parents, educational personnel and other professionals. All records will remain the property of onPsych as medico-legal documents;

4. contact persons who are or have been directly concerned with the care or education of the student (such as teachers, therapists and doctors) to seek information about the student's background, abilities and performance that may be relevant to the service being provided. Written reports or accounts may be requested;

5. use the results of any relevant information available to assist in consulting with the educational personnel and other professionals involved with the child, with the intent of supporting and improving educational outcomes. I/we hereby exempt onPsych, its officers and employees, from any liability for injury or loss that may result from findings, opinions or recommendations expressed by onPsych staff in relation to the student, and from any liability for any physical injury that may occur to the student whilst under the supervision of onPsych staff, on the condition that those staff act conscientiously in accordance with the practices and duty of care normal to their professions.

Agreement of Conditions of Services and Parents'/Guardians' Consent Form

Do you consent for your child to be involved in individual sessions with the onPsych psychologist visiting your school?

Yes No

Do you consent for your child, to be involved in group work activities with other referred children when offered by the psychologist? (Please note that individual session discussion is independent of group work sessions and confidentiality is not jeopardized)

Yes No

Name (Parent 1): _____ Signature: _____

Name (Parent 2): _____ Signature: _____

PLEASE SIGN AND RETURN THIS ORIGINAL. PLEASE KEEP A COPY FOR YOUR RECORDS.